

The Square Model



Instructor:

Sheri Marquez, LMFT

Instructor Information:

Sheri Marquez is a Licensed Marriage and Family Therapist (LMFT) with over 25 years of experience in the mental health field. She obtained her master's degree from Loma Linda University. She has worked for RUHS-BH since 2015 as a Behavioral Health Supervisor for the Lehman Center Clinic. She developed the Square Model and trainings on how to apply this model for San Bernardino and Riverside County behavioral health agencies.

Course Description:

This workshop introduces three practice models designed to improve client care, productivity, and timely documentation. This engaging and interactive training includes lecture and practice to help participants achieve desired learning goals. To begin, participants will learn about the Square Model and how to apply this model to assessments, diagnoses and more effective client-centered treatment plans. Participants will also learn about Concurrent Notes and how this model helps professionals complete timely and accurate documentation while collaborating with the client.

Date: November 15, 2023

Time: 8:30am-4:30pm

Location: 2085 Rustin Ave Riverside Ca 92507 Conference Center

Please register for this course via google link below:

<https://forms.gle/Yn2xx19BqBrqtB437>

Continuing Education Credits: This course meets the qualifications for 6 continuing education units/credits/hours.

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Instructor Information: Sheri Marquez is a Licensed Marriage and Family Therapist (LMFT) with over 25 years of experience in the mental health profession. She obtained her master's degree from Loma Linda University. She has worked for RUHS-BH since 2015 as a Behavioral Health Supervisor for the Lehman Center Teaching Clinic. She developed the Square Model and has provided trainings for San Bernardino and Riverside County behavioral health agencies. In addition, she was an instructor at the University of California, Riverside Extension and Loma Linda University where she taught Family Dynamics, Brief therapy, and Conflict Resolution courses. She presented a paper and workshop on how to use the Square Model in supervision and while incorporating the Child and Adolescent Needs and Strengths (CANS) instrument at the 10th Annual International CANS/TCOM conference in Chicago 2014.

Audience: RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, associate-level and support staff providing client care in the public behavioral health system.

Level of training: Introductory - new topic for audience

Seat #: 25

Location: 2085 Rustin Ave. Riverside CA 92507

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen business days (14) prior to the course date.

Educational Goals:

1. Utilize practical and conceptual strategies for treatment planning.
2. Learn to document treatment in an ethical and lawful manner.
3. Improve knowledge of assessment and treatment plans using DSM-5 criteria.

Learning Objectives:

1. Identify four (4) components of the Square Model used to formulate a treatment plan.
2. State frequency, intensity, duration, and onset (FIDO) of mental health symptoms

3. Document medical necessity of treatment in promoting continuity of care to support treatment planning
4. Construct ethical and lawful documentation when using the four (4) structural components of concurrent notes
5. State the importance of competence for accurate account of treatment, intervention, and care planning in clinical documentation
6. Apply assessment formulation as evident by vignette practices
7. State two (2) reasons patient centered documentation is effective in treatment planning.

Course outline:

Time	Topic/Content
8:30am - 9:00am	Welcome, Course Overview, & Goals
9:00am-10:00am	Square Model 4 components in treatment planning
9:00am - 10:00am	Establishing Diagnosis Frequency Intensity Duration Onset (FIDO)-skill application
10:00am - 10:15am	Break (non CE time)
10:15am - 11:00am	Vignettes and skill practice
11:00am - 11:30pm	Social Determinates of Health
11:30pm-12:30pm	Lunch (non CE time)
12:30pm-1:00pm	Problem List
1:00pm-1:30pm	Vignettes and skill practice
1:30pm-1:45pm	Care Plan Progress Note
1:45pm-2:00pm	Vignettes and skill practice
2:00pm-2:45pm	Progress Notes/Clinical Supervision and training
2:45pm-3:00pm	Break (non CE time)
3:00pm-4:00pm	Concurrent Noted and practice
4:00pm- 4:30pm	Questions, Revisit Goals, Evaluations

This course meets the qualifications for 6 continuing education units/credits/hours.

Continuing Education: Course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 6 Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1221 for 6 CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: Participants interested in receiving continuing education credit or a certificate of participation should contact Sujei Larkin via email at glarkin@ruhealth.org. Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via Google Form Link at <https://forms.gle/YH54yWW9RR3NdoRQA>. The enrollment deadline is three (3) calendar days prior to the course start date (excluding holidays and weekends).

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) calendar days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).